

**THE SPORTS MEDICINE SERVICE
DEPARTMENT OF ORTHOPEDIC SURGERY
RUSH UNIVERSITY MEDICAL CENTER
ANTERIOR CRUCIATE LIGAMENT DISCHARGE SUMMARY**

DATE OF INJURY _____
 DATE OF SURGERY _____
 INTERVAL TO SURGERY: _____
 AFFECTED KNEE: L R
 PRIOR CONTRALATERAL RECONSTRUCTION: Y N

HISTORY OF SIGNIFICANT INJURY

1. Mechanism of injury:

- valgus hyperflexion
 varus A-P blow on flexion
 external rotation unknown
 hyperextension other _____

2. Heard loud or audible "pop" during injury: No Yes

3. Previous treatment to significant injury:

- none crutches
 splint surgery
 cast other _____
 aspiration

4. Length of non-surgical treatment:

- less than 2 weeks
 2 to 4 weeks
 1 to 6 months
 6 months to 1 year
 greater than 1 year

5. SPORT

- Skiing
 Football
 Basketball
 Soccer
 Volleyball
 Baseball
 Wrestling
 Rugby
 Field Hockey
 Ice Hockey
 Dance
 Martial Arts
 Other _____
 Workmans Comp

PREOPERATIVE CLINICAL EXAMINATION

6. Valgus:	0 degrees:	neg	+	++	+++
		sharp end point			absent end point
	flexion 30:	neg	+	++	+++
		sharp end point			absent end point
7. Varus:	0 degrees:	neg	+	++	+++
		sharp end point			absent end point
	flexion 30:	neg	+	++	+++
		sharp end point			absent end point
8. Anterior Drawer Sign at 90:		neg	+	++	+++
		sharp end point			absent end point
9. Posterior Drawer Sign at 90:		neg	+	++	+++
		sharp end point			absent end point

10. Lachman at 15 flexion: neg + ++ +++
 sharp end point absent end point

11. Pivot Shift: neg guarding + ++ +++

TYPE OF PREVIOUS SURGICAL REPAIR No previous surgeries

12. ACL none arthrotomy primary
 primary repair endoscopic revision
 reconstruction with PT autograft 2 incision
 reconstruction with PT allograft
 reconstruction with hamstrings

13. MCL none
 primary repair
 reconstruction with gracilis tendon (Bosworth)
 posterior medial reefing
 pes transfer
 O'Donohue distal realignment
 Five-in-one procedure

14. PCL none primary reconstruction

15. LCL none primary reconstruction

16. Patella none shaving/drilling realignment lateral release vastus medialis reefing

17. Meniscus none medial meniscectomy lateral meniscectomy

18. Other: _____

DIAGNOSES

19 Preliminary diagnosis:

- | | | |
|---|--|---|
| <input type="checkbox"/> MCL Grade I | <input type="checkbox"/> MM tear | <input type="checkbox"/> Posterolateral corner injury |
| <input type="checkbox"/> Grade II | <input type="checkbox"/> LM tear | |
| <input type="checkbox"/> Grade III | <input type="checkbox"/> Osteochondritis Dissecans | |
| <input type="checkbox"/> ACL Grade II | <input type="checkbox"/> Osteochondral fracture | |
| <input type="checkbox"/> Grade III | <input type="checkbox"/> Patellar instability | |
| <input type="checkbox"/> PCL Grade II & III | <input type="checkbox"/> Loose bodies | |
| <input type="checkbox"/> LCL Grade I | <input type="checkbox"/> Synovitis | |
| <input type="checkbox"/> Grade II | <input type="checkbox"/> Chondromalacia | |
| <input type="checkbox"/> Grade III | | |

Other _____



